



# REMOTE OR ISOLATED WORK

## EXAMPLES OF REMOTE OR ISOLATED WORK

Examples of remote or isolated work can vary depending on the type of work, industry and location of the workplace.

- all-night convenience store and service station attendants
- office workers working from home
- long distance freight transport drivers
- cleaners working alone (such as at night)
- scientists, park rangers and others carrying out field work alone
- health and community workers working in isolation with members of the public.
- Being stationed in remote areas, such as sheep and cattle stations, for extended periods ranging from days to weeks.
- Operating in close proximity to others, like community nurses conducting night time clinical visits, even if there are people nearby.
- Working alongside numerous other workers in a remote location, such as employees stationed at a base camp.
- Sales representatives who spend long periods working alone (i.e. real estate agents)